

# Benefits of Mentoring

*"The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves." -Steven Spielberg*

- **Networking**

Mentoring is a great way to meet new people from a variety of industries. By becoming a mentor, you'll connect with not only current students, but will become a part of the wider group of mentors and be able to connect with other alumni.

- **Insight**

Gain new perspectives, insights and ideas. The Loyalist Alumni Mentorship Program promotes two way relationships, in which mentees and mentors learn from each other.

- **Professional Development**

Mentoring can result in a gained distinction as an expert and leader within your field of work. This is a great way to develop and practice your personal leadership style.

- **Satisfaction**

Share expertise and experiences by guiding and supporting students. Mentoring is a great way to re-energize your career and increase your community involvement.

- **Reflection**

As a mentor, you'll be able to reflect on your own career path and experiences. By supporting others with the development of their goals and objectives, it will help you to reflect on and evaluate your own.