



## Sustainability Project

Date: Fall, 2013  
Course: BIOL 1000

Professor: Gina Brennan

**Description:** Choose an action or group of actions that you could perform which would decrease your environmental impact ('footprint') on the earth and, ultimately, improve the sustainability of humans on earth. Consider simple, daily actions which, done on a consistent basis, can bring about positive change. The **project** must include the following steps:

**STEP 1:** Complete the '**Ecological Footprint Quiz**'. The description and the link are both on Blackboard – Course Content page. Be sure to read description first. **Post your total & comments on Discussion Board by Sept. 23, 2013.**

**STEP 2:** Prepare your **Action Statement**. Outline your action(s) in a clear, concise statement. In 1-3 paragraphs, discuss the **positive & negative impacts** of your action on these **3 areas: 1) environmental, 2) social, & 3) economical**. **Submit your action statement by Sept. 30, 2013** (by email or hard copy)

**STEP 3:** Create & maintain an **activity log** using these headings:  
**Date:                      Action:    Comments:**  
In the comments section, record benefits or reactions to your action. This log should be maintained daily or **at least 3X per week**. **Submit your completed log by Nov. 29, 2013** (by email or hard copy)

**STEP 4:** **Summary & Conclusion**. 2-4 pages long. Include:  
- your reflections on this experience  
- benefits and drawbacks of maintaining the action(s) from an environmental, social and economic standpoint.  
- propose your plan to continue improving environmental sustainability.  
**Submit your completed Summary & Conclusion by Nov. 29, 2013** (by email or hard copy)